

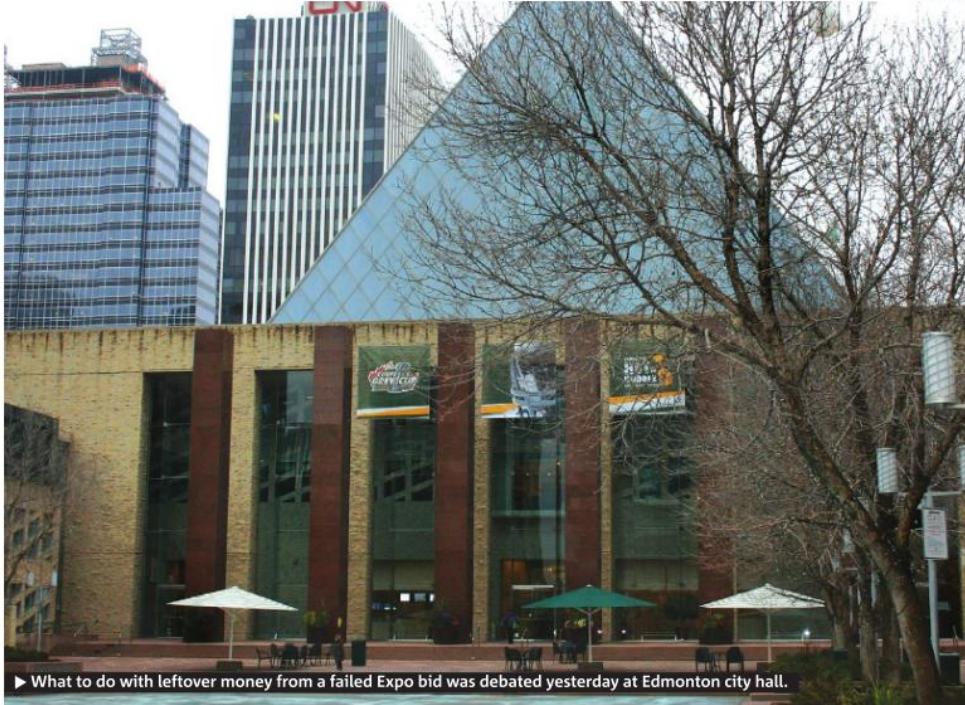


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What should \$900K get us?

► City mulls plan for leftover Expo dollars ► Money should still promote city: Mayor ► Creating ways for locals to be successful is key: Council



► What to do with leftover money from a failed Expo bid was debated yesterday at Edmonton city hall.

HEATHER MCINTYRE
EDMONTON@METRONEWS.CA

Money proposed for Expo 2017 should still be used to promote the city's name across the country, said Edmonton Mayor Stephen Mandel.

A total of \$900,000 was proposed in the 2011 budget for the world's fair, but with the lack of support from the federal government, dreams of being its host have been snuffed out.

Mandel specifically fo-

cused on the arts scene during a break from council budget deliberations yesterday.

"It's one of those things I think that really makes the city a special place," he said. "And with the loss of the Expo, we're going to have to make more investments in our arts community to allow them to be more successful, and that will help pick up the slack of losing an event."

Furthering the arts wasn't the only topic discussed yesterday, though.

Council talked about contributing up to \$50,000 to local comedians who would like to bring a new festival on stream next fall.

Mandel wouldn't reveal the comedians in question but did say they were well known and well respected in the Edmonton region.

Sunday lending

Council will vote next week on whether or not \$136,000 should be added to have most Edmonton Public Library branches open on Sundays.

The library's budget is currently \$43.4 million.

► Currently, only five of the city's 17 library facilities are open on Sundays, from September through May.

► Budget deliberations will carry on through to next week, at which time the budget should be finalized.

Freezing Man to bring the heat

8

There are eight confirmed bands for the festival, including Broken Social Scene, Kaskade and k-os. Local artists and other surprises will be announced later.

An upcoming festival could create some much-needed winter spirit in our city — and perhaps spark winter tourism.

Freezing Man Festival, an electronic, dance and alternative music event, to be held Jan. 29, 2011 at the Northlands Expo Centre, will be the first of its kind in the world.

The idea was brought to life by longtime Los Angeles-based music producer Michael Gaiman.

"I was so impressed of the vigour, energy and how young the city was," said Gaiman.

Tickets are approximately \$80 and are on sale through Ticketmaster.

HEATHER MCINTYRE



Stop slamming oilsands: Province's energy minister

Alberta's energy minister wants the federal government to promote the province's oilsands in the face of what he calls "slam-the-oilsands" campaigns — and he's going to Ottawa to push for support.

Ron Liepert says Prime Minister Stephen Harper and his government need to embrace the oilsands in order to turn Canada into an energy superpower.

The minister spoke to a Toronto business audience today as part of Alberta's efforts to clean up the oilsands' "dirty oil" image.

THE CANADIAN PRESS

Murder probe continues

Forensic investigators were still on the scene of the city's 24th homicide late last night after receiving a check-welfare call on Monday.

The woman, reportedly in her mid-40s, was found slain in her Capilano home near 108 Avenue on 52 Street Monday afternoon.

Neighbours said they believe the woman lived on her own and that they did not hear or see anything suspicious before Monday afternoon.

An autopsy was expected to be complete late last night. METRO

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news



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A shocking video of a police strip search may be part of a much larger problem. More at metronews.ca/spindoc

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Scan this code for the latest revelations from the WikiLeaks cables.

DRUG BUST

**RCMP
arrest 65
in sweep**

RCMP have arrested 65 drug traffickers and laid a total of 153 criminal charges following a three-month enforcement targeted at street level drugs.

"These busts send a strong message that Albertans will not tolerate drug traffickers and

the organized crime groups that support them," said Jennie Latham, operations officer for the RCMP's Provincial Capital District.

Project KOMPRESSION highlights include 114 charges directly related to trafficking controlled substances such as cocaine, ecstasy, methamphetamines, oxycontin and marijuana.

The individuals targeted were either residents of communities surrounding Edmonton, or known to travel from Edmonton. **METRO**

**Métis on
thin ice for
hunting**

Alberta Métis have lost a key legal battle in their fight to exercise their constitutional rights to hunt and fish in the province.

A judge in Medicine Hat has found Garry Hirsekorn guilty of breaking the law when he took part in two hunts in southern Alberta. He was fined \$700.

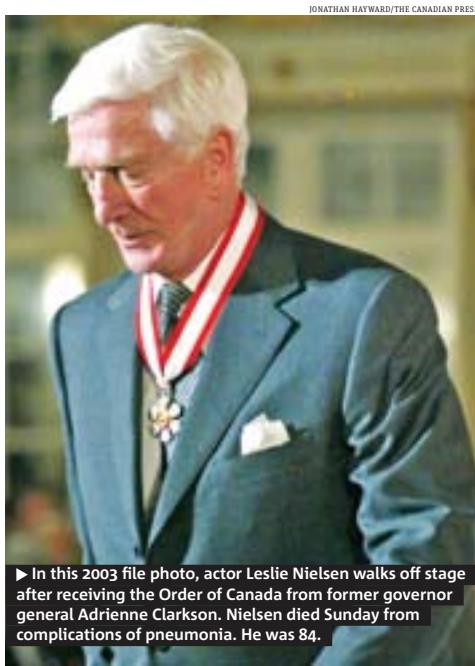
THE CANADIAN PRESS

**Touchdown
for military
centre**

The Capital Power Zipline, in the heart of the 2010 Grey Cup Festival in downtown Edmonton, raised more than \$26,000 for the Edmonton Garrison Military Family Resource Centre, with close to 2,000 people taking a ride.

Donations raised more than \$13,000, and Capital Power matched it. **METRO**

Word on the street is he won't be forgotten



► Naming committee to discuss Nielsen's legacy Dec. 14

HEATHER MCINTYRE
EDMONTON@METRONEWS.CA

Only days after his death, the City of Edmonton is already considering honouring actor Leslie Nielsen.

The city's naming committee will discuss Nielsen's biography and then determine if he meets the requirements necessary to be on the city's names reserve list.

City planner Cory Sousa doesn't anticipate an issue with adding Nielsen's name, but once that has happened someone will have to make an application for a renaming.

"We encourage groups, such as family or fans linked (to him) to take charge," said Sousa.

One option would be renaming a roadway near Victoria School of the Arts, where Nielsen graduated from in 1942.

What's in a name?

- Grant MacEwan University named its communications school after Nielsen in 2003.
- There are currently about 400 names on the city's names reserve list, which are used consistently. For example, more than 250 items were named after individuals on the list in 2008.

Kingsway Avenue and Arthur Hiller Avenue already exist in the area.

Sousa said that connecting a roadway named after Arthur Hiller, a movie director who went to school with Nielsen, with another named after the comedian might be fitting.

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By **Victor Dodig**
Executive Vice-President
CIBC

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can be as simple as talking to an advisor. Planning your future takes a lot less time than you might think. An advisor can help take the pressure out of planning and make sense of the numerous savings and investment options available to you.

To build a retirement plan, you need to have a clear idea of your goals. Then, an advisor can help you assess where you now stand financially, calculate how much money you will need to support your chosen re-

irement lifestyle and determine what sources that income will come from, which could include: a pension, Registered Retirement Savings Plan (RRSP), Tax-Free Savings Account (TFSA), or non-registered investments. An advisor can also dis-

cuss other important con-

cerns such as infla-

tion and healthcare costs.

Everyone has a different

time schedule for retire-

ment and an advisor can

help you determine your appropriate investment mix including savings accounts, GICs, mutual funds, managed portfolios or brokerage solutions. Since your plan is a long-term one, it's essential that you consider the long-term return potential and level of risk of any investment before adding it to your retirement portfolio.

One of the easiest ways to make saving for retirement a priority is to set up a regular investment plan.

As smaller contributions are often easier to make on an ongoing basis, a regular investment plan starts to work for you right away by moving you closer towards your goals with each contribution while compounding interest, dividends or investment growth.

Most importantly, if you haven't already, start planning today. Get help from an advisor to prepare a retirement plan, put it into action and review it regularly to ensure you stay on track. The more time your investments have to grow, the greater your returns will be. Successful retirement planning means being realistic about what you need to do today to reach those goals tomorrow.

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For what matters.

Founder cuts a mysterious figure

Whistleblower site's Julian Assange called both the 'James Bond of journalism' and a 'social misfit'

WIKI LEAKS 

Julian Assange has come a long way from an unsettled childhood in Australia as a self-acknowledged social misfit.

After founding WikiLeaks in 2006, Assange adopted an elusive lifestyle, spending long periods in hiding, shuttling from one country to another, and mixing brief public appearances with "appearing" remotely for interviews and panel discussions by video link over the Internet.

At times, he has also altered his appearance, dyeing his prematurely white hair blonde, then black, and cutting it short.

Amid the controversy over the release of Afghan documents this past summer, he flew to Sweden, seeking a residence permit and protection under that country's broad press freedoms. His initial welcome was euphoric.

"They called me the James Bond of journalism," he recalled wryly.

Assange's lawyer charged yesterday that Assange is being persecuted by Swedish authorities who have accused him of rape and other sex crimes in a case that prompted Interpol to place him on its most-wanted list.

According to accounts his accusers gave to the police and friends, the women both had consensual sexual encounters with Assange that became non-consensual.

One woman said that Assange had ignored her appeals to stop after a condom broke.

The other woman said that she and Assange had begun a sexual encounter using a condom, but Assange did not comply with her appeals to stop.

TORSTAR NEWS SERVICE/WITH FILES FROM THE ASSOCIATED PRESS



► WikiLeaks founder Julian Assange, seen on Nov. 4 in Geneva, Switzerland.

Bond-style

► Julian Assange married when he was 18 and has a son. He and his wife separated and in 1999, after a protracted court battle, reached a custody agreement.

► Assange communicates with friends and colleagues with encrypted cellphones. He is known to travel under false names, to wear disguises and to use cash

instead of credit or debit cards.

► Assange's exact whereabouts are unknown (one report suggests he's hiding outside London), although he has conducted online interviews with some media organizations from undisclosed locations.

► Assange pleaded guilty in 1996 to 24 counts of violating the Crimes Act, commonly known as hacking.

Assange no stranger to life on the move

It isn't just lately that Julian Assange has been on the run.

The WikiLeaks founder has led a troubled and interesting life so far.

Julian Paul Assange is an Australian who studied at the University of Melbourne. He has no home

but spends much of his time in Sweden.

Assange describes his childhood as "pretty Tom Sawyer" and says he liked to fish and explore mine shafts. Despite that, he seems to have had a troubled childhood.

Assange was home-

schooled, in part because his family moved 37 times by the time he was 14.

He spent part of his teen years on the run with his mother from an abusive boyfriend, who may have been a member of a cult called the Family.

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Rogers' centre of attention

► Rumours that giant in market for Leafs, Raptors and Toronto FC

Rumours that Toronto Blue Jays owner Rogers Communications Ltd. is also seeking to buy Toronto's hockey, basketball and soccer teams has reignited a smouldering debate over who will control access to Canada's most valuable sports and entertainment content.

The same issues came up when BCE Inc. said earlier this year that it would reacquire control of the CTV media business and by the purchase of the

"For a company like Rogers, and companies like them, they're trying to enhance their 'access' offers. They're trying to enhance their wireless, television and Internet offers."

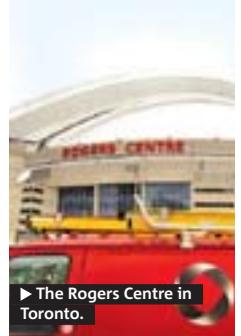
MARKET CONSULTANT BRAHM EILEY

Canwest television properties by Shaw Communications Inc.

Having exclusive control over sports as the team owner — from live games broadcasts, Internet streaming, specialized sports chatrooms, email

team alerts and mobile applications still being dreamed up — would boost revenue potential at Rogers' big wireless, cable TV, radio and TV broadcasting and magazine and online businesses.

THE CANADIAN PRESS



► The Rogers Centre in Toronto.



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PHILIPPINES

Thieves blamed for Manila deaths

Philippine police say robbers, not communist rebels, are responsible for seizing a passenger bus and engaging security forces in a highway chase and gun battle that killed four civilians.

The army initially blamed communist rebels for the shootout

yesterday east of Manila.

However, Quezon provincial police Chief Eric Velasquez said early today an investigation showed three robbers seized the bus as a getaway vehicle and fired on police and army troops chasing them.

He said the bus conductor, one male, and two female passengers were killed after the driver slammed the bus into a tree.

Velasquez says two suspects are in custody and one escaped.

THE ASSOCIATED PRESS

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A familiar story: Study shows the rich get richer

- ▶ Share of total Canadian incomes more than doubled for the wealthiest 1% between late 1970s and 2007

Canada has entered a 1920s-like Gilded Age, where the super-rich consolidate their wealth while the middle class stagnates.

That's the conclusion of a new study based on income tax forms filed up until 2007, showing that the richest one per cent of Canadians took home 13.8 per cent of all incomes claimed that year.

The share of total income going to the richest of the rich has risen steadily since the early 1980s, reversing a long-term trend toward a more equal distribution of the country's income during the post-war era, the study says.

"The higher up the lad-

“During periods of growth, incomes have increasingly become concentrated in the hands of the elite few rather than creating greater prosperity for all.”

ARMINE YALNIZYAN, SENIOR ECONOMIST

der you go, the more colossal this glomming of wealth becomes," author Armine Yalnizyan, senior economist at the Canadian Centre for Policy Alternatives, told *Maclean's*.

Her paper is based on unpublished tax form data crunched by Mike Veall, an economics professor at McMaster University.

"Like the Gilded Age a century ago, Canada is awash in money generated

by an emerging new global economy," Yalnizyan writes.

The inequality gap of the 1920s and early '30s eventually collapsed and then switched direction with the Second World War, narrowing and steadily declining until about 1982. Since then, the super-rich have gradually claimed larger and larger pieces of the total income pie. **THE CANADIAN PRESS**

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WikiLeaks taken off U.S. servers

Amazon.com Inc. forced WikiLeaks to stop using the U.S. company's computers to distribute embarrassing State Department communications and other documents, WikiLeaks said yesterday. The ouster came after U.S. congress-

sional staff questioned Amazon about its relationship with WikiLeaks, said Sen. Joe Lieberman, an independent from Connecticut. WikiLeaks confirmed the information hours after The Associated Press reported that Amazon's servers had stopped hosting WikiLeaks' site. The site was unavailable for several hours before it moved back to its previous Swedish host.

WikiLeaks released a trove of sensitive diplo-

matic documents on Sunday. Just before the release, its website came under an Internet-based attack that made it unavailable for hours at a time.

WikiLeaks reacted by moving the website from computers in Sweden to those of Amazon Web Services. Amazon has vast banks of computers that can be rented on a self-service basis to meet surges in traffic.

THE ASSOCIATED PRESS

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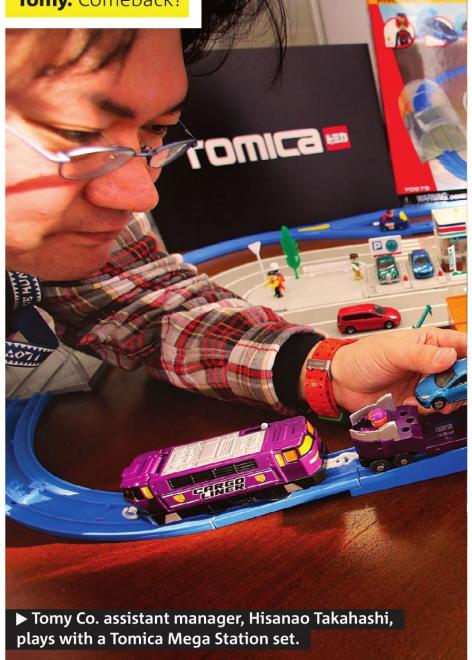
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Tomy. Comeback?



► Tomy Co. assistant manager, Hisanao Takahashi, plays with a Tomica Mega Station set.

ITSUO INOUYE/ASSOCIATED PRESS

Playing with toys

Tomy Co., Japan's No. 2 toy company, is hoping to score a comeback in North America this Christmas with toy trains and cars that boast a 40-year history in Japan, but have previously failed to catch on abroad.

Was the job stimulus a flop?

► Survey suggests Economic Plan didn't create many jobs ► Harper continued to defend spending

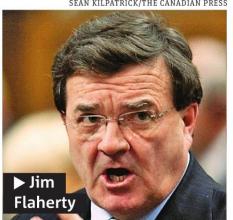
The only major attempt to assess the impact of the multibillion-dollar federal stimulus program suggests it's been a flop when it comes to creating jobs.

The Conservatives have long boasted that the Economic Action Plan helped save hundreds of thousands of jobs during the recession.

But the parliamentary budget officer has found that the recipients of the money don't see it that way.

In a survey of municipalities that received Infrastructure Stimulus Fund (ISF) money, 33 per cent said they saw an increase in employment as a result of the funding.

Twenty-one per cent said there were fewer jobs, and 43 per cent said they saw no net impact whatsoever. The respons-



es are part of a survey the parliamentary budget officer commissioned in the summer.

"The results pertaining to perceived unemployment impacts are particularly worthy of note here, given some of the goals underlying ISF," said Scott Bennett, a Carleton University expert in polling who analyzed the results.

The survey also shows little evidence of job spinoffs as a result of the stimulus spending.

THE CANADIAN PRESS

A TALE OF THE MALE BIOLOGICAL CLOCK

He says ...

JOHN MAZEROLLE



My brother's family recently celebrated the arrival of a baby boy, which, being good Catholics, is not so much a once-in-a-lifetime miracle as an annual rite of passage, like the Super Bowl.

It's still special, but this is their fifth kid in six years, which is the same rate that the NHL has been handing out Stanley Cups. As baby makers go, they're a dynasty, a team of destiny.

Meanwhile, I'm not even making the playoffs. I've always loved kids, but I have it on good authority from reliable sources that, in most cases, a woman is required, for what I assume are legal reasons.

My wife and I separated

partially because I changed my mind and decided that I did in fact want children. You can compromise about a lot of things when you're married, but it's difficult to have half a child. ("We'll just have the top half, dear. Less mess.")

And as my (lovely) ex once said, "This is serious. It's not like we differ on strawberries."

So we parted ways. I moved to a bachelor pad, she moved to the Middle East, which I suspect says something about how well I handled everything. (In my defence, she did not move to Mount Merapi, the Mariana

Trench, or the moon.) And now I work toward the goal of a child by 40.

I've got a lot of work to do, because you can't just suddenly christen yourself a parent at random if your name isn't Angelina Jolie, who adopts children with the same frequency the Knights of Columbus adopt highways.

I'd prefer to have a child as part of a family, which means I'll have to get over

this crippling post-divorce fear of commitment. Right now I date, get comfortable, then I hear the word "relationship," and I run

away so fast I leave a Road Runner dust trail behind me and stare back from a distance, big cartoon eyes blinking in the darkness. I know it's safe to come back down when I hear the entire female species simultaneously breathe the word, "Men."

But I have a biological clock of sorts. I don't like the idea of being so much older than my child that I can't teach, relate, or play. I don't want to be in the position where we're both wearing diapers.

So, I'll start thinking about a child just as soon as I stop acting like one. And if things don't work out, I'll ask Angelina if she has any extra.

.....
Read more of
John Mazerolle's columns
at metroneWS.ca/hesays

Cartoon

MICHAEL DE ADDER



Basic diet for basic training

Worth mentioning

New soldiers expecting army drill sergeants to bust their chops over poor posture or a wayward gaze may instead want to avoid a more modern military transgression: Relying on fast food for sustenance.

The U.S. army plans to get new recruits into better shape with a revamped approach to health, fitness and diet at basic training.

The most visible changes will be seen in mess halls, where milk and juice dispensers will replace soda fountains, and whole grains will be substituted for white bread and pasta.

Army leaders unveiled the new approach yesterday at Missouri's Fort

Healthy fighters



Leonard Wood. It's the first substantial change to basic fitness training in the army in 30 years.

"We are seeing many soldiers entering our profession who need phased conditioning methods and improved nutritional habits," said Lt.-Gen. Mark Hertling, of the Army's Training and Doctrine Command.

The "soldier athlete" initiative is designed to prepare new recruits with training methods similar to those offered to elite athletes preparing for competition.

Drill sergeants will include one-hour sessions on performance nutrition in addition to their traditional responsibilities.

THE ASSOCIATED PRESS

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Metro Minute with holiday banner

Many Canadian troops won't be home for the holidays, but Edmontonians have an opportunity to send a taste of home to them in Afghanistan.

Today, near Sears in the West Edmonton Mall, a banner will be unveiled for people to sign.

The initiative is part of Sears Operation Personnel and Family Support Service

es, which has a goal of connecting Canadian troops with their families, as well as the general public, during the holiday season.

The banner will be unveiled at 12:30 p.m. and will remain posted until Dec. 8. A website will also be released where video messages can be posted for deployed troops.

© HEATHER MCINTYRE



► A banner will be unveiled today at West Edmonton Mall to send a holiday message to Canadian troops in Afghanistan.



News in brief



Even though Lea Michele stars on a television show, her Glee role has had such an impact on music this year that Billboard is honouring her with a "triple threat" award.

She'll get the award at Billboard's annual "Women in Music" luncheon in New York City tonight honouring Fergie of the Black Eyed Peas. The 24-year-old Michele says "it's wonderful recognition." But she has no plans to put out a record like her co-star Matthew Morrison.

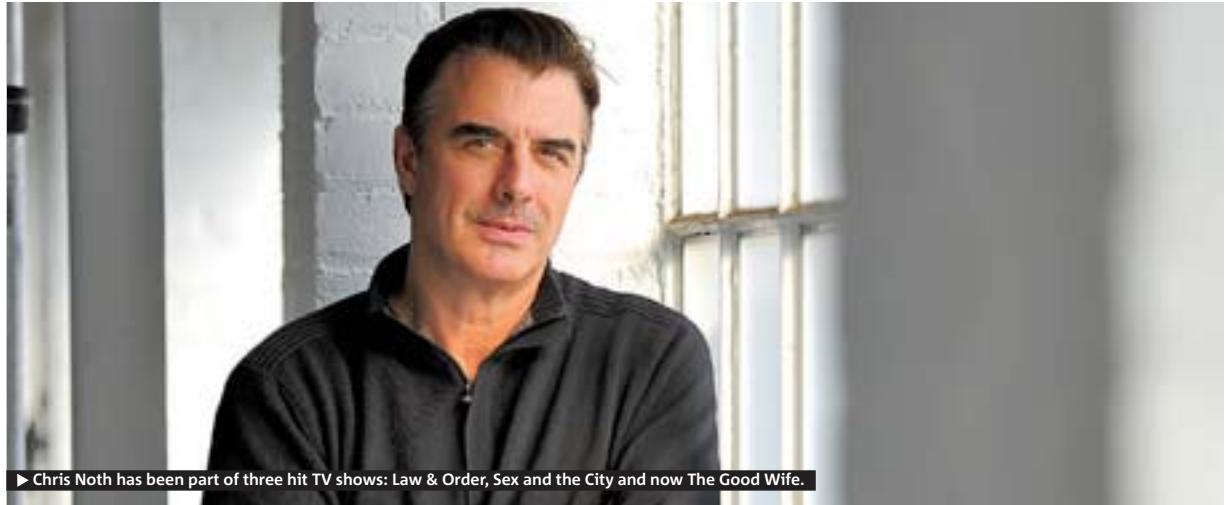
THE ASSOCIATED PRESS



CBS' The Early Show undergoes complete talent overhaul

- Veteran TV actor still can't wrap his brain around celebrity obsessions
- Blames tabloids for dumbing down America and letting the Tea Party dominate the political discourse
- And how Sex and the City ruined New York for him

RICHARD LAUTENS/TORSTAR NEWS SERVICES



► Chris Noth has been part of three hit TV shows: Law & Order, Sex and the City and now The Good Wife.

Good Wife's Noth gets political

Good and bad not easy to pin down: Noth



NED
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METRO WORLD NEWS IN LOS ANGELES

Though still a New Yorker at heart, Chris Noth admits it's been easier and easier to spend his time on the west coast.

"New York's changed a lot, but I still keep my place there. I'd never give that up" he says. "I mean, let's face it, it's become a bank and a drug store. Sex and the City ruined it."

Noth is in L.A. now to promote his latest TV gig, The Good Wife, now in its

second season. But that's not what he really feels like discussing. "I'm sort of the recurring guest artist on it," he says. "It's not really my show."

So what does he want to talk about? Well, how about the Tea Party? "It's a terrible time in America. It's all partisanship," he says. "A really smart politician doesn't really have a chance, so we get all these yokels like the Tea Party."

Playing a politician brought down by a sex and corruption scandal has given him some new insight.

"A really good politician doesn't have much of a chance, unless he's a f---ing saint. And nobody's a saint," Noth says. "John F. Kennedy would never be president today."

And he's got a few theories as to how things got to be the way they are. Here's a hint: tabloids aren't helping.

"It's all so mundane now. You know, what shoes they're wearing. Look, stars pick up dog poop!" Whatever these magazines are," he says. "They've so dumbed our country. ...

And I think what people are doing is missing out on their lives by tuning into this fake celebrity s---."

So what about that other series he did, the one that ruined New York? Noth admits it's still the thing he's recognized for the most.

"I've never understood that phenomenon," he says. "I did a show that obviously had some kind of intense impact about this character that I played, that relationship with Carrie. But it's a fantasy. Come on, look at the apartment she had."

While Chris Noth's character in The Good Wife is a confirmed philanderer, he doesn't think it necessarily makes him "The Bad Husband" — or at least shouldn't bear sole responsibility for his marital difficulties.

"Whatever reasons that he strayed also are in that union, that marriage," Noth says. "It's his fault for doing that, maybe, but how did it start? We don't know, we haven't explored that."

"What's missing in that to make him go do that? That hasn't been explored, and it may or may not be. But I wouldn't put much emphasis on the words good or bad."

• NED EHRBAR

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Album reviews

A classic | Buy it | Get the single | Borrow it | Don't bother

BEP do what they do best: make hits**Black Eyed Peas****Album:** The Beginning**Label:** Universal

There's not much left to say about the Black Eyed Peas. If you find their radio-courting singles obnoxious,

their latest won't change that. If you like their insanely infectious club-friendly hip-hop you'll love this.

Their first track is enough to make them a bazillion dollars — they take the chorus of Time of My Life and turn it into an epic rave number.

As usual, it's easy to hate this disc, but if you can give yourself over to the fact that BEP have perfected the pop-rap-meets-dance genre

then you can start appreciating what they do. The bottom line is that they create huge songs that will get massive radio play. And they do it better than most. You can't get much poppier than Love You Long Time's repetitive chorus, while XOXOXO's deep drums and electro riffs is so simple you'll be humming the words and the background music.

As usual, the most gratifying parts come from Fergie

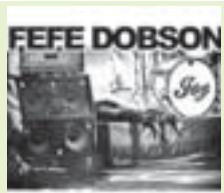
— her forte is repeating choruses over and over again until you feel like throwing your computer out the window. There's also too much auto-tune on the record, but when you're listening to this drunk at the bar, or blasting it out your window it won't matter. You've got to give them credit, for better or worse, their formula works.

Outstanding track: XOXOXO

● BRYAN BORZYKOWSKI

**Fefe Dobson****Album:** Joy**Label:** Universal

On her long-awaited second album, the Scarborough songstress starts out sounding like so many other over-produced pop divas we've heard over the last few years. The opening track Ghost has been getting plenty of air time, as will the next two tracks, Thanks for Nothing and Stuttering. This script has been growing stale



for years. Somewhere inside this record, lies a punk rocker struggling to rip out of the stretch wrap.

Outstanding track: Watch Me Move

● GRAHAM ROCKINGHAM

Take That**Album:** Progress**Label:** Polydor

Justin Timberlake, take notice: if your solo career dies, you can always go back to your old band. That's what happened with Robbie Williams, a member of popular British group Take That. That's

news in itself, but the record also marks a departure for the band — gone are the ballads that made them famous. Progress sees them banging out epic rockers on SOS, dabbling in arena rock on Kidz and Beatles-like pop on Pretty Things.

Outstanding track: SOS

● BRYAN BORZYKOWSKI

New Pirates of the Caribbean

TONIGHT 7.30

Global

Bryan Adams**Album:** Bare Bones**Label:** Decca

Another stripped-down, hits-based live solo effort, Bare Bones is incredibly similar to Adams' 1997 album MTV Unplugged. Still, one can't deny that there's something calm and captivating about the gravelly-voiced minstrel when accompanied by only an acoustic guitar and piano.

While 20 tracks of plinky twang and simpleton lyrics wear thin after over an hour, there is an air of thrill when Neil Young-ish harmonica-bolstered I'm Ready and the formative Tom Waits inspiration of Right Place are belted out.

Outstanding track: I'm Ready

● KEITH CARMAN

Bieber, Drake score Grammy nods

Canadian teen-pop sensation Justin Bieber has his first Grammy nominations, while compatriots Arcade Fire and Drake are also in the running for prizes at the annual music awards bash.

Bieber and Drake will face off for best new artist, competing with Florence and the Machine, Mumford and Sons and Esperanza Spalding.

It's one of four nominations for Drake, who's also up for best rap album.

And Arcade Fire is up for album of the year — arguably the top prize to be handed out at the Feb. 13 show. The Montreal rockers will compete with four of the biggest acts of the past year: Eminem, Lady Gaga, Lady Antebellum and Katy Perry.

They were also nomi-

nated for best rock performance by a duo or group with vocals and best alternative music album.

The nominations were announced yesterday during an hourlong special on CBS.

Resurgent rapper Eminem was the leading nominee. His Recovery CD was nominated for 10 awards, including the biggest prizes: album,

song, and record of the year. Bruno Mars was not far behind with seven nominations, while Lady Antebellum, Jay-Z and Lady Gaga all had six each.

Neil Young earned three nominations — including one for best rock album — while other Canadians up for awards include Melanie Fiona, Alex Cuba and Michael Bublé.

THE CANADIAN PRESS



▶ Justin Bieber, left, and Drake are among the Canadian nominees for this year's Grammys.

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Your Mobile: 11729 Jasper Ave

Jacko's dad files lawsuit against pop star's doctor

► Dr. Conrad Murray also facing charge for involuntarily manslaughter

Michael Jackson's father filed a wrongful death lawsuit Tuesday against the doctor charged in his son's death, and added as a defendant a Las Vegas pharmacy that records show sold the physician a powerful anesthetic blamed for

his death.

The lawsuit seeks unspecified damages against Dr. Conrad Murray, who has pleaded not guilty in the separate criminal case to involuntary manslaughter in the singer's June 2009 death.

Joe Jackson initially filed his case against Murray in federal court on the first anniversary of his son's death. A judge, however, refused to hear the case and said it should be handled in state court, where it was refiled Tuesday.

"This has been a long process and the facts of Michael's death have been way too slow in emerging," said Joe Jackson's attorney, Brian Oxman. "There is still much to discover and we're going to find it out."

THE ASSOCIATED PRESS



► Michael Jackson

Mayer has his sights set on single Longoria

If Eva Longoria is looking for a rebound romance, John Mayer is reportedly ready to serve.

"John is crazy about Eva," a source tells People. "There is something about newly divorced ladies that drives him nuts. He was the same way over Jessica (Simpson) when she left Nick

(Lachey), and now he has his eye on Eva."

Too bad Longoria is reportedly looking for anything but romance. "Mayer can send all the flowers in the world and even show up under her window with his guitar and it would make no difference," the source says. "Eva wants some alone time."

► METRO



► John Mayer

Handler pushing Aniston to date

After spending Thanksgiving together in Cabo, Chelsea Handler and Jennifer Aniston are reportedly becoming best buddies, according to People.

And unlike her other pals, sources say Handler is pushing the former Friends star to dive back into the dating world.

"Many of Jen's closest friends were with her when Brad (Pitt) broke her heart and have discouraged her from spreading her wings too quickly for fear she will get hurt again," a source says.

"Chelsea is the opposite. She believes Jen is fabulous in her 40s."

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- Seek and implement new distribution opportunities and locations within the general area

REQUIREMENTS OF THE POSITION:

- Knowledge of distribution strategies for news/print media preferred
- Strong reporting skills using Microsoft Word and Microsoft Excel
- Strong computer and email skills
- Excellent communication skills
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- Assertive self-starter with own vehicle
- An adequate team player with an adaptable attitude

Individuals interested and having the skills described are requested to submit their resume and cover letter via email to hr@metronews.ca no later than December 17, 2010. PLEASE QUOTE: "DISTRIBUTION AUDITOR - EDMONTON" in the subject line. All submissions will be treated as confidential.

metro

Take one great dress, and make it work through the entire season of holiday merrymaking — from the company cocktail gathering to your grandma's annual tree-trimming bash — by changing up your accessories.

Where the party at?

 **KENYA HUNT**
style@metroneWS.ca
METRO WORLD NEWS IN LONDON

Spiked eggnog, mounds of gift cards, boozy co-workers and, of course, mistletoe.

What's not to love about the season of holiday festivities?

The hassle of finding

something to wear, of course.

Save yourself the grief by buying one great piece,

and re-working it throughout the month with accessories that set the tone of your look.



Topshop waterfall dress
\$135, topshop.com

The swanky nightclub holiday bash:
Reiss peep toe pump
\$290, reiss.com

The charity black-tie gala:
Beatrix Ong glitter pumps
\$398, beatrixong.com

The girls' night out gift-exchange:
Lanvin for H&M clutch
\$39, hm.com



Lanvin for H&M dress
\$199, hm.com

The boyfriend's annual holiday house party:
Converse All Star Chuck Taylor hi-tops
\$43, converse.com

The outdoor tree lighting ceremony:
Lipsy faux fur jacket
\$136, asos.com

The corporate cocktail soiree:
Club Monaco feather clutch
\$148, shopbop.com



Issa beaded wool dress
\$750, netaporter.com

The office Christmas party:
Acne patchwork boots
\$900, acnestudios.com

Grandma's tree-trimming gathering:
Zara cable-knit sweater with belt
\$32, zara.com

The blind date to see The Nutcracker:
J.Crew platform heels
\$238, jcrew.com

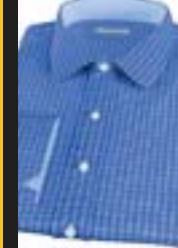
3
life

Shirts



Looking for that perfect shirt? Guys who just can't seem to find a style that works for them can design their own shirt at shirtsmyway.com. The website allows you to select everything from collar and cuff style to the fit. You can also select the colour and the shirt is tailored to your specific measurements.

• METRO



Helping your skin brave winter elements

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NIGHT NIGHT

"Keep night cream on the bedside table so you can leisurely massage it into

skin, slide into sleep and wake up with a radiant complexion," says U.K.-based Olay celebrity facialist Anastasia Achilleos.

Among The Kit editors' many favourites is Bobbi Brown Intense Night Cream. \$65, bobbibrown.com

MASKER-AID

A fix for slack, dry, tired faces, Olay's Professional Pro-X Intensive Treatment Mask is infused with 35 ml of serum. One 10-minute mask equals brighter, firmer, dewier skin for your night out. The 30-day treatment, which includes five masks

and a month's supply of Olay Professional Pro-X Skin Tightening Serum, sets you up for much longer. \$60, olay.ca

WIND SHIELD

Ski trips, tobogganing, snowball fights — a layer of moisturizing balm coats sensitive skin to protect it from the sting of

windburn. Naturally Upper Canada Body Butter Balm stick contains shea and cocoa seed butters, as well as coconut and olive fruit oils. \$15, uppercanadasoap.com

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Project Runway designer Mondo Guerra raising AIDS awareness with new T-shirts

'Tis the season to sniff

► You don't have to buy a tree to enjoy a season full of scents ► Tips to trick the noses of your holiday guests



KARL LOHNES
HOME@METRO-NEWS.CA

With
Christmas
just a few
weeks
away, it's almost time to
put up the tree.

Mine is a beautiful eight foot tall, pre-lit artificial tree that fools everyone who comes in. The branches are full, there are real pine cones wired on and the 800 soft white lights

looks like stars in the sky. I think the biggest trickery of my tree is the scent; I love to have the sweet, refreshing smell of evergreens and freshly cut wood throughout the main floor of the house as guests arrive. Here are a variety of fabulous ways to fragrance your home that'll fool even the most experienced tree farmer:

Fresh wreath

There's nothing more inviting than a fresh

wreath on the door. If kept fresh, the fragrance will welcome your

of the Christmas tree. Even the packaging evokes luxury.

TIP: When you burn near the bottom of the jar, use a non-scented votive candle. The heat will warm up the remaining wax and spread the scent into the air. holturenfrew.com.

Best pot pourri

The Windsor Forest Fragranced Botanicals from Crabtree and Evelyn (\$45) are as beautiful to look at as they are to smell. Birch logs, pine cones, twigs, dried berries help bring the forest to your home.

Best candle

With a designer mix of pine and patchouli, D'ptyque's PIN candle (\$85) will fragrance an entire room with the sexy smell



► Crabtree and Evelyn
Fragranced Botanicals

guests for weeks.

TIP: Use wreaths in more places than outside; displayed inside on windows or over mirrors is a great way to bring the lush scent inside.

Best candle

With a designer mix of pine and patchouli, D'ptyque's PIN candle (\$85) will fragrance an entire room with the sexy smell

TIP: Place 2-3 birch logs in a large elegant punchbowl and sprinkle the fragranced botanicals on top for a larger than life centerpiece on the dining or coffee table.

crabtree-evelyn.ca

Best room spray

Imagine if you could gather up all the used Christmas trees and extract their natural scents of spruce, pine and woody oils then you would have Mythical Matters' Smells Like The Christmas Tree room spray (\$15).



► Mythical Matters'
Smells Like The Christmas
Tree room spray

An all natural room refresher with no harmful additives or chemicals. It's the truest

of all tree smells this nose has ever experienced.

TIP: Keep this one near the front door and spray just before guests enter; they will be amazed at the realistic scent. mythicalmatters.com

Safe scent

It's a porcelain container that allows a small light-bulb to warm up and melt a tray of scented wax. Scentsy's Christmas Tree scented bricks are a safe way to spread the smell of the tree without the risks of an open flame, smoke or soot. Simply plug in the Tannenbaum warming base (\$30) and allow a 25 watt light bulb to melt the scented wax (from \$6).

TIP: I'd use a lamp timer to schedule this fragrance to come on and off; a safe and great way to guarantee the house will smell great at any time. scentsy.ca

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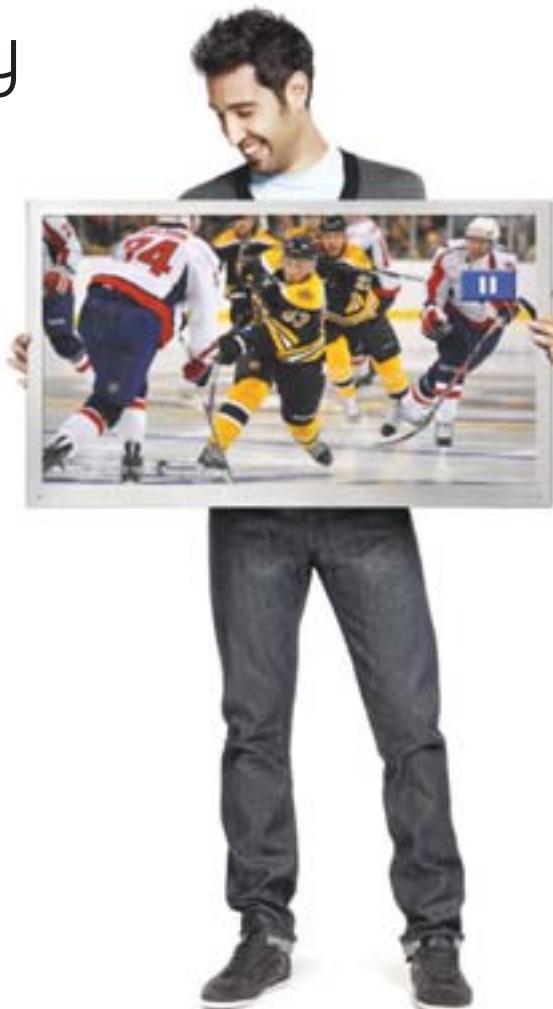
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Deck the halls with colour

► When it comes to festive decorating, let your imagination run free, and do it at a reasonable expense!

If you're decorating for the holidays, you can still dream big — even in smaller spaces and with a strict budget.

Experts say dedicating even the smallest area of your home to festive decorations can make a statement this season.

Whether you're hosting a big shindig for friends and family or enjoying a low-key celebration, the dining room table can be a place to convene and socialize or dig into a feast. It can also be a focal point for your holiday decor.

Toronto-based stylist

and design expert Arren Williams created several distinctive tabletops with contemporary flair and vibrant colours, incorporating items from HomeSense.

Each display could also be adapted as a stand-alone piece in other areas

of the home, including on the mantel or on a front hall table, he noted.

"It really can work anywhere," Williams said in an interview at the Winners/HomeSense showroom in Toronto. "I don't like the holidays looking like it's a fungus that's

grown all over your house. I would much prefer to see really special moments created."

For those seeking a traditional look with a twist, Williams showed a display inspired by candy canes with rich red-and-white striped candles, plates and retro canisters that can double as a vase, along with hobnail glasses and an oversized Nutcracker. In a change from traditional hunter green, he opted for olive-coloured cloth napkins.

For another alternative, try placing garland down the middle of the table while tucking in a few copper bay leaves or different florals with ornaments or Christmas baubles nestled in between, said Sokly Lay, boutique manager of Chintz & Company in Victoria.

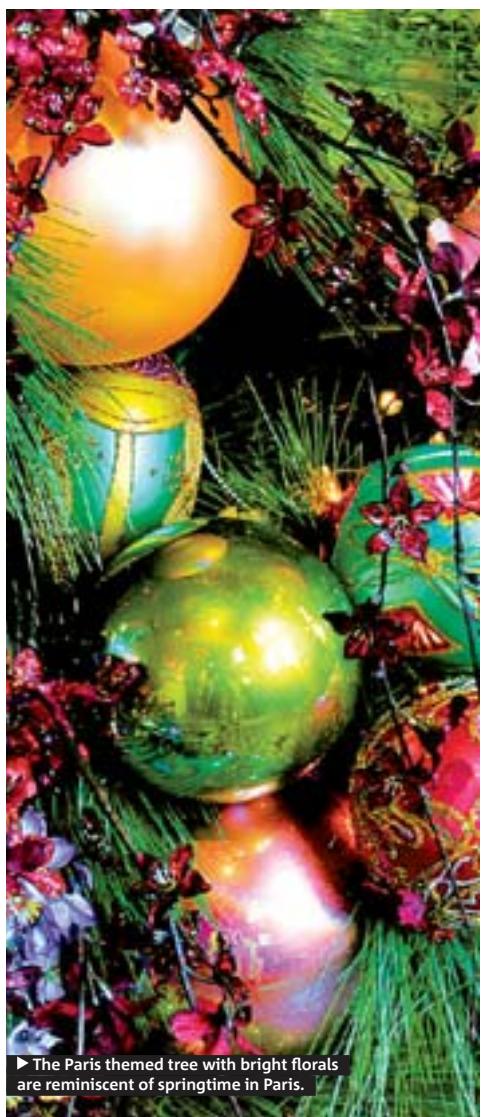
"That's just something simple and easy and quick to do, and it's not that expensive to do either," she said, noting the look also works well on a windowsill or bay window.

Not everything you use for holiday decor has to be put back into storage at season's end. Stylish collectibles such as decorative white pitchers can be used on a bookshelf or console table during the year but can work well in a holiday setting, Williams said.

"Throw in some great mercury glass decorations and even some fresh flowers in there too and have fun with them that way," he said.

Lay said many customers are buying either regular or Christmas florals with a little sparkle and putting them in their trees.

THE CANADIAN PRESS



► The Paris themed tree with bright florals are reminiscent of springtime in Paris.

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► Who says holiday decor has to be red and green?



► Tap into current decor trends with high contrast black and white.

Lunch like nonna used to make it



► Fusilli and Veal-Stuffed Tortellini

► **Sicilian Pasta Kitchen's** south side location doesn't disappoint with generous portions of hearty fare

LUNCH RUSH

CHRISTOPHER THRALL
FOOD@METRONEWS.CA

I've been recommending the Sicilian Pasta Kitchen for so long that I figured I deserved a return trip. Instead of hitting my beloved downtown spot, however, I hauled it down to the south side location to see if it was as worthy of merit. I shouldn't have doubted it for a moment.

My cappuccino (\$3.59) was exquisitely drawn and topped with rich foam. The sliced baguette in its basket warmed the individual pats of butter so they could be easily spread. The coup de resistance was the piatto assortito (\$10.95).

My bowl was divided between tomato-laced fusilli under a generous layer of feta and veal-stuffed tortellini in a delicate rose sauce. Either dish would have sufficed to cure my lunchtime peckishness, but together, they knocked my hunger into next week.

► **Sicilian Pasta Kitchen**
► 805 Saddleback Road
► 780-435-3888
► sicilianpastakitchen.com
► Rating: *** 1/2
► Price range: Low to medium
► Reservations: No
► Licensed: Yes
► Social lunch: Yes

I blame the chef for leaving me unable to sample their gelato. And he will pay — oh, yes, he will pay... Or I'll just have to try again — maybe I'll order a child's size portion next time.

Smoked Salmon Spread



Smoked Salmon Spread Preparation:

This appetizer is a twist on the classic Potato Skordalia. The rich flavours of smoked salmon and dill complement the creamy potato base.

1 In a large saucepan, bring frozen potatoes, garlic and stock to a simmer. Cover and cook on medium-low heat for about 10 minutes or until liquid is absorbed. Let stand for 5 minutes.

Ingredients:

- Half of a 750-g bag frozen potato chunks
- 2 cloves garlic, minced
- 250 ml (1 cup) vegetable or chicken broth
- 125 ml (1/2 cup) sour cream
- 50 ml (1/4 cup) finely chopped smoked salmon
- 30 ml (2 tbsp) finely chopped red onion
- 15 ml (1 tbsp) chopped fresh dill
- 2 ml (1/2 tsp) grated lemon rind
- Flatbread or lightly toasted bread rounds

2 Mash potatoes evenly and stir in sour cream, smoked salmon, onion, dill and lemon rind until smooth. Spread on flatbread or toasted bread rounds.

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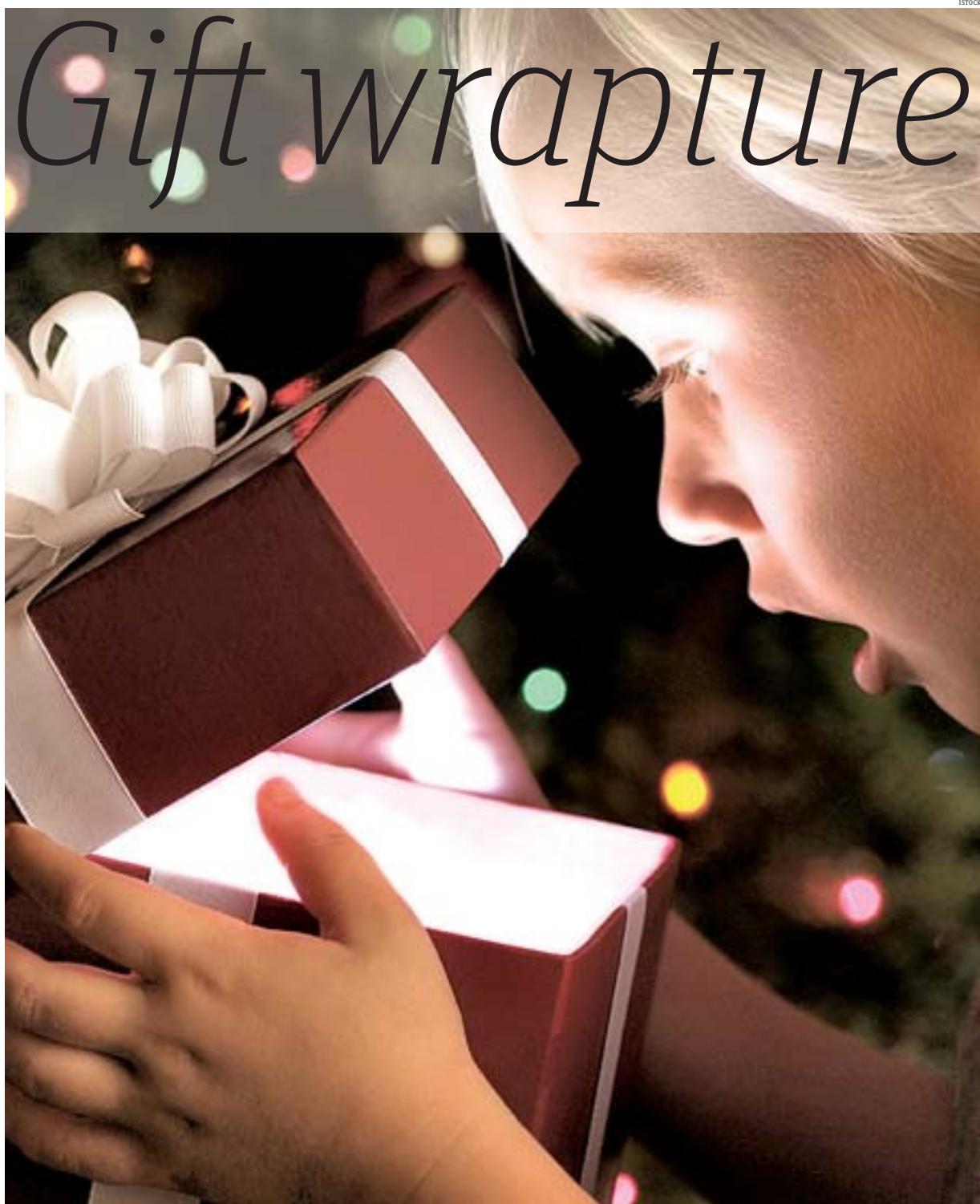


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Help for Santa's elves

Kids will get a kick out of these toy ideas
{page 29}

Teen spirit



These gifts are sure to please teens, and also mom and dad
{page 25}

24 days
until
Dec. 25

Catch our next
gift guide on
Dec. 9



Smart holiday decorating

► Consistency and theme important to make your decorations look their best

 **RAF
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HGTV host Scott McGillivray has seen the best and worst of holiday decorating and now he wants to make sure your own Christmas decorations go off without a hitch.

The host of *Income Property* and new series *Holiday Battle* on the Block offers his Top 5 tips for decorating safely and with flair this holiday season.

Start early when the weather is still mild

By the time many people start putting up their decorations in mid-December the biting cold, falling snow and shorter days make outdoor work a lot harder than it needs to be. Ropes get stiff in the cold and snow or ice on your roof can make decorating challenging and potentially dangerous.

"Put up your decorations when you have some nice weather. November is a great time to do it because it will be much easier than if you wait too long," McGillivray said.

Use a timer

Wiring all your lights and electrical doodads into a timer is a great idea

for two reasons: It'll make it easier to turn your whole display on and off and you'll be able to set it to turn on and off automatically. McGillivray recommends a 5:30 p.m. setting for going on and midnight for going off.

"Get everything wired into a timer. Have a plan so all your lights are tied into a single timer so they can turn on and off at present times," he said.

Prepare for heights
Falls

are some of the most common — and most dangerous — accidents that can happen when decorating outdoors. Make sure your ladder is safe, have a spotter and buy or rent a harness if you're going to go on your roof.

"People aren't typically used to being way up on a ladder or up on their roofs. You have to be harnessed, the pitch on most roofs is not safe to go on without a harness. Also remember everything you

put on your roof needs to be secure," McGillivray said.

Be tasteful

To avoid having your decorations look cluttered and messy, guide your design with a specific theme (a specific carol or a Christmas-related book or movie).

"Pick a theme and stick with it. If there's no theme and in-

tent to what you're doing, it's just

junk on your lawn. The neighbours will appreciate it if you're tasteful," McGillivray said.

Don't be sloppy

Be a stickler on the details and don't leave things half-finished. Lights will look terrible if you don't secure them properly, for instance.

"One of my pet peeves is seeing Christmas lights wrapped haphazardly around a porch. Do it properly or don't do it at all. Make sure your lights are spaced evenly and not drooping down everywhere. Consistency is key with decorations," McGillivray said.



► Wrap Christmas lights properly, or don't do it at all, says HGTV host Scott McGillivray.

Watch it

Holiday Battle on the Block follows several families competing to decorate their homes with the best Christmas decorations on their

street. The show, hosted by *Income Property* host Scott McGillivray, debuted on November 27 on HGTV and runs for four weeks. Check local listings for showtime.

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If 1/4 of today's readers make a gift of \$10, a total of \$170,000 will be raised to fund local programs and services supporting over 95,000 Edmontonians affected by liver disease. Edmonton phone: 780-444-1547.

A guy's guide to gifting



► Tried and tested tips for the terrified male shopper

It's a well known fact: Most men hate holiday shopping.

The staff and readers at RedFlagDeals.com, Canada's largest shopping information and bargain hunting website, have put together a list of tips that will help men everywhere stay sane during the craziest shopping time of the year.

the comfort of your home. When shopping online, shipping times will vary, so expect orders to take at least a week or two to arrive.

Tune Out

Bring your MP3 player with you when you go shopping. Your music may not be festive, but at least it

won't drive you crazy.

Shop Online

They have shopping on the Internet now? The third tip is the most obvious: shop online. You'll save money, avoid the crowds, and find multiple gift ideas with the click of a button. Browse your favourite stores online. You'll save a lot of time by comparing price, availability, and reviews of products on the Internet.

Support the Trend

If you're stuck for ideas, find out what other people are getting your shopping target and get them something that complements that gift. Is someone getting them skis? Buy them ski goggles and ski wax.

WWW.NEWSCANADA.COM



Plan Your Attack

When shopping, make like a ninja – get in and out before anyone knows you are even there. If you must go to the mall, prepare in advance. You should know what you're looking for, how much it costs, and where to get it before you leave

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1

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2

Benefit Glowa Make-up Kit, \$40
A makeup lesson in a box, this is everything she needs for radiant, natural-looking beauty, plus easy-follow instructions. Shoppers Drug Mart, Sephora, Murale, Holt Renfrew



3

Joe Fresh Mini Fresh Glass Set, \$10 (top)
This sweet set of wee, sheer, minty gloss shades, available in Warm, Everyday and Cool, is a guaranteed hit with pretty much any female. joefresh.ca



4

Bread & Butter Skincare Winter Shaving Kit, \$35 (bottom)
Get him started with a good skincare regimen. Canadian brand Bread & Butter is all about good-for-skin ingredients without unnecessary chemicals. breadandbutterskincare.com



5

Quo Men's Manicure Kit, \$20
Chances are he'll never buy one himself, but a manicure set that includes toe and fingernail clippers, nail file, tweezers and scissors will be his go-to for the finer points of grooming. Shoppers Drug Mart



6

The Body Shop Sparkler, \$18
This softly scented face-and-body sparkle-powder atomizer gives skin a bewitching sheen more fairy dust than disco glitter. Spray onto a powder puff then press. The Body Shop

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- Romeo y Julieta Wide Churchill
- Romeo y Julieta Hermosos No. 2 L.E. 2004
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One of this year's cutest and most heart-warming flicks, Despicable Me is a gem that finds fans among kids and adults alike. Steve Carell lends his voice to the criminal mastermind whose heart gets melted by the love of three orphan girls. And the animation is outstanding. Available at major retailers



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Gift giving at the office

► Have fun, but be careful

Giving to the boss and staff

- "Extravagant gifts can make people uncomfortable. A lovely notebook or journal is useful and thoughtful," says Holly Bohn, founder of See Jane Work
- Diane Gottsman, owner of the Protocol School of Texas, recommends baked goods as a possibility. "If you do give to the boss, give something like muffins wrapped in a basket or container with a ribbon. It shows that you cared enough to do something," she says.
- Bohn stresses that you should not push your own ideals on others. "You may think your boss drinks too much coffee, but if she doesn't agree, then buy her a commuter mug," she says.
- Direct supervisors should try to do something for their employees, according to Bohn. But "don't overbuy," she warns. "An extravagant gift can be irritating to someone who would rather have the money. Likewise, if there is a significant salary gap between you and your staff, don't be cheap; they will notice."

Holiday gift giving in the workplace used to be a relatively simple process.

One of the most important rules was that you never gave to those ranking above you, such as your direct boss or vice president. The boss or the company's president perhaps gave gifts to the employees, but expected nothing in return.

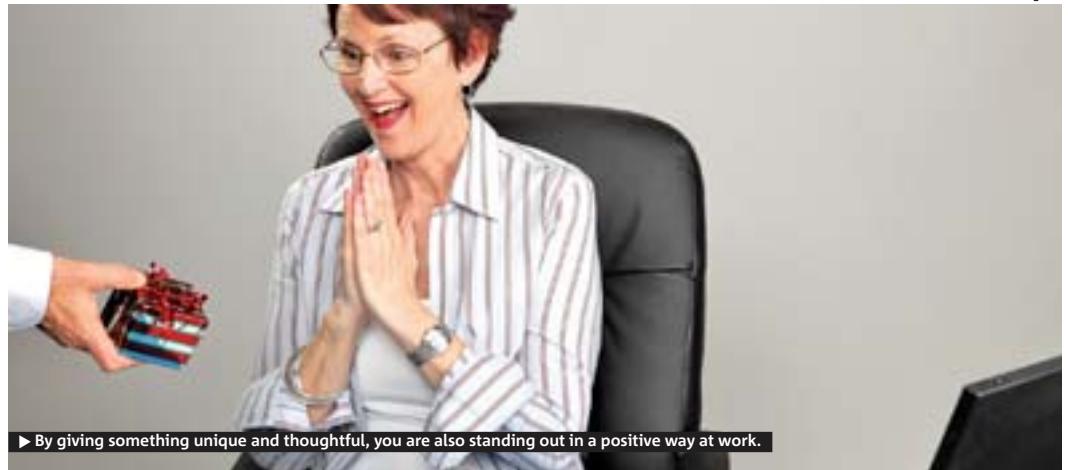
Times have changed, and we have a guide to help you out.

It is important to check your employer's policy about gift giving during the holidays, says etiquette authority Diane Gottsman, owner of The Protocol School of Texas. "Make sure you are not breaching any gift giving rules."

Assuming gift giving is permitted, Gottsman recommends that a gift giving standard be set early so people will know what to expect and how to factor it into their budgets. "Decide as a group what would be most desirable," she says. "Definitely set a limit, and then send out the 2010 gift giving memo on festive paper and set a date and time for the exchange. It doesn't have to be expensive, just festive."

Another option is a secret Santa, in which each person buys a gift for the co-worker whose name he or she draws.

"Drawings are fun, but make sure that they are not mandatory," says Holly Bohn, founder of See Jane Work. "Also, be considerate



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"Definitely set a limit and then send out the 2010 gift giving memo on festive paper."

DIANE GOTTSMAN

about the gift you submit. In a day and age of strict diets and struggles with addiction, alcohol and chocolate, these things are often off-limits. A fun umbrella or commuter mug is always welcome and says a little more about your gift giving efforts than, 'I ran to the corner store and picked this up.' By giving something unique and thoughtful, you are also standing out at work in a positive way."

Some offices have eliminated gift giving and instead donate money to charity. Another option is to purchase gifts for underprivileged children.

"Find out whether there are any nonprofit organizations that deliver meals to needy families in your area," Bohn says. "Make a list of the items they require, and post it in the break room. People can sign up without feeling pressured. Going desk to desk to collect money is not acceptable, neither is sending out a mass email specifying the people who still haven't anted up. Holiday drives and donations are great, but if they single people out who can't afford to participate, they are not in the holiday spirit."

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Oilers turn the tide on the road

► Win back-to-back games for first time since first week of season



“They’re sincere, this group is sincere about doing the right things and that’s fun to coach.”

TOM RENNEY, OILERS’ HEAD COACH

ton’s short-handed game-tying goal with 7:13 remaining in regulation.

Ales Hemsky and Gagner both had a goal and an assist for the Oilers, who were coming off a 4-1 win over the Ottawa Senators on Monday night.

The tide seemed to turn for the Oilers when Tom Renney called a time out to try to change the game’s momentum.

Edmonton was trailing by two goals heading into the third period, but Hemsky and Gagner brought the Oilers level.

Hemsky scored at 10:09 of the period on a scramble in front of the net in his first game since November 23rd because of a nagging groin injury.

“That first game is probably the toughest coming back,” said Gagner. “Obviously he was pretty dynamic offensively out there today.”

Defenceman Kurtis Foster also scored for the Oilers, who go for the Eastern Canada sweep tonight when the meet the Toronto Maple Leafs at the Air Canada Centre.

THE CANADIAN PRESS

Dustin Penner got a bit of payback on Carey Price, and the Edmonton Oilers continued their surprising run through Eastern Canada.

Penner scored in overtime to lead the Edmonton Oilers to their second straight win, 4-3 over the Montreal Canadiens on Wednesday.

Penner took advantage of a giveaway when Montreal defenceman P.K. Subban made an errant pass to Mike Cammalleri. He beat Price unassisted for his seventh goal of the season.

“I like to think it was karma because of the saves that Price made on me earlier, with a chance like that especially in overtime, the puck was rolling and I kind of just sprinted towards it,” Penner said. “I just made sure I knocked it ahead, it was a play that you see happen a lot in overtime.”

Subban was also burned by Sam Gagner on Edmon-



► Dustin Penner of the Edmonton Oilers body checks Alexandre Picard of the Montreal Canadiens last night.

Weather agrees with Als on day of parade

They were predicting precipitation all day yesterday but it never wound up raining on the Montreal Alouettes’ parade.

The only hint of inclement weather was the perfectly grey sky — an ideal backdrop for celebrating a Grey Cup championship. The toast of the Canadian Football League rolled down Ste-Catherine Street on flatbed trucks, cheered by boisterous

crowds while the only raining clouds were the confetti that fluttered down from the rooftops.

The Alouettes won their second straight championship last weekend but it’s unclear whether the team will manage to remain intact to challenge for a third straight year.

There are a number of potential free agents — including star QB Anthony Calvillo. THE CANADIAN PRESS



Sports in brief



Red Sox meet with Crawford

MLB. A baseball official says the Boston Red Sox have met with free agent outfielder Carl Crawford.

The Red Sox are targeting Crawford as the centerpiece of their off-season shopping. A

major-league official, speaking on the condition of anonymity because he was not authorized to discuss the meeting, confirmed that it took place. THE ASSOCIATED PRESS

James scores 18 in Heat win

NBA. LeBron James scored 18 points in the final game before he heads back to Cleveland as an opponent. Dwyane Wade and Chris Bosh each added 16 and the Miami Heat rolled past the Detroit Pistons, 97-72 last night. THE ASSOCIATED PRESS



Quoted



“The league doesn’t care about us anyway. They don’t care about the safety of the game. If the league was so concerned about the safety, why are you adding two more games on?”

PITTSBURGH STEELERS WR HINES WARD, LASHING OUT AT THE NFL FOR WHAT HE CALLS ITS HYPOCRITICAL STANCE ON PLAYER SAFETY.

HE ARGUES THAT THE LEAGUE RECENTLY TOUGHENED ITS STANCE ONLY BECAUSE IT WANTS TO EXPAND TO AN 18-GAME SEASON.

“You talk about you don’t want players to drink ... and all you see is beer commercials. You don’t want us to gamble, but then there are (NFL-endorsed lottery scratch-off games).”

WARD

NHL

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d-Washington	26	18	6	1	1	90	69	38	12-1-0	6-5-0	6-2-1-1	W4
d-Pittsburgh	26	16	8	2	0	79	62	34	7-5-1	9-3-1	9-0-1-0	W7
d-Montreal	25	15	8	2	0	63	51	32	9-4-2	6-4-0	6-3-1-0	L1
Philadelphia	26	15	7	2	2	87	64	34	9-5-0-1	6-2-2-1	5-3-0-2	L3
Tampa Bay	25	14	8	2	1	77	81	31	6-2-1	8-6-1	6-3-0-1	W1
Atlanta	25	13	9	1	2	83	77	29	8-5-0-1	5-4-1	7-3-0-0	W6
NY Rangers	26	14	11	1	0	74	69	29	5-7-1	9-4-0	6-4-0-0	L1
Boston	23	13	8	0	2	62	46	28	4-5-0-2	9-3-0	5-4-0-1	W1
Carolina	24	10	11	0	3	71	78	23	5-5-0-1	5-6-0	3-4-0-3	L2
Ottawa	25	11	13	1	0	58	75	23	7-4-0	4-7-1	3-7-0	L1
Buffalo	25	9	13	3	0	62	73	21	4-8-1	5-5-1	5-4-1	L1
Florida	23	10	13	0	0	60	62	20	5-5-0	5-6-0	4-6-0	W1
Toronto	23	8	11	2	2	51	65	20	6-4-2	2-7-1	3-6-1	L3
New Jersey	24	8	14	1	1	45	69	18	4-5-1	4-9-0	4-5-0-1	W1
NY Islanders	22	5	12	3	2	49	75	15	3-4-1	2-8-2	1-7-1	W1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Detroit	22	16	4	1	1	78	59	34	10-1-1	6-3-0	8-1-1	W3
d-Dallas	23	14	8	0	1	68	62	29	8-3-0	6-5-0	6-3-1	W3
d-Vancouver	23	13	7	1	2	75	61	29	8-2-0	5-5-1	5-4-1	W3
Chicago	27	14	11	1	1	86	79	30	6-7-0	8-4-1	6-3-0	W3
Columbus	23	14	8	0	1	65	57	29	6-6-0	8-2-0	6-3-0	L3
Anaheim	27	13	11	2	1	71	80	29	9-4-0	4-7-2	4-4-2	W3
Colorado	24	13	9	2	0	85	74	28	7-4-1	5-6-1	5-4-1	L1
Phoenix	24	12	7	4	1	70	70	28	5-3-2	7-4-2	8-2-0	W1
St. Louis	24	12	9	1	2	63	68	27	8-2-0	4-7-1	3-6-0	L4
Nashville	24	11	8	3	2	58	63	27	4-1-3	7-7-0	5-3-2	W2
Los Angeles	23	13	10	0	3	63	57	26	8-2-0	5-8-0	3-7-0	L4
San Jose	23	11	8	4	0	68	68	26	7-4-2	4-4-2	5-3-2	L1
Minnesota	24	11	11	0	2	58	69	24	7-6-1	4-5-1	4-6-0	L3
Calgary	25	10	13	1	1	69	76	22	6-6-0	4-7-1	3-5-1	L2
Edmonton	24	8	12	1	3	63	92	20	3-6-0	5-6-2	4-4-1	W2

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results

Edmonton 4	Montreal 3	(OT)	Nashville 3	Phoenix 0
Boston 3	Philadelphia 0		Detroit 5	San Jose 3
Tonight's games				
(All times Eastern)				
Tampa Bay at Boston, 7 p.m.				
Edmonton at Toronto, 7 p.m.				
Montreal at New Jersey, 7 p.m.				
NY Rangers at NY Islanders, 7 p.m.				
Tuesday's results				
Tampa Bay 4				
Toronto 4				
Atlanta 3				
Colorado 2				
Chicago 7				

CANUCKS 7, FLAMES 2

First Period	Nashville 3	Phoenix 0
1. Vancouver, Raymond 5 (Alberts, Kesler)	Detroit 5	San Jose 3
2:00	Vancouver, Tambellini 4 (Edler, Raymond)	
2:51	Calgary, Jackman 3 (Giordano, Sarich) 10:01	
Penalties — Glass Vcr, Jackman Cal (fighting) 1:02, Bouwmeester Cal (hooking) 4:42, Kostopoulos Cal (interference) 17:40.	Spokane Mtl (tripping) 3:14, Halpern Mtl (tripping) 8:01, Peckham Edm (hooking) 11:25, Pouliot Mtl (high sticking) 16:57.	
Second Period	Spokane Mtl (tripping) 3:14, Halpern Mtl (tripping) 8:01, Peckham Edm (hooking) 11:25, Pouliot Mtl (high sticking) 16:57.	
3. Vancouver, Dedin 4 (Kesler, H.Sedin) 3:05 (pp)	Montreal, Darche 4 (Cammalleri, Darche) 8:01 (pp)	
5. Calgary, Tanguay 7 (Iginla, Stajan) 6:22	4. Montreal, Hamrlik 2 (Pouliot, Eller) 10:02	
Penalties — Torres Vcr (hooking) 0:40, Backlund Cal (holding) 2:30, Bouwmeester Cal (interference) 10:24, Glencross Cal (cross-checking major, game misconduct) 14:06, Hansen Vcr (high-sticking) 20:00.	Halpern Mtl (tripping) 12:23.	
Third Period	5. Edmonton, Hesky 7 (Paajarvi) 10:00	
6. Vancouver, Raymond 6 (Malhotra) 1:03 (sh)	6. Edmonton, Gagner 2 (Hesky) 13:17	
7. Vancouver, Burrows 4 (H.Sedin) 6:16	7. Tampa Bay Lightning — Reassigned F Blair Jones to Norfolk (AHL).	
8. Vancouver, Raymond 7 (Samuelsson) 15:37 (pp)	8. ST. LOUIS BLUES — Recalled F Stefan Della Rovere and F Dave Scatthard from Peoria (AHL). Assigned F T.J. Hensick and F Chris Porter to Peoria. Placed F David Perron on injured reserve.	
9. Vancouver, Hamhuis 3 (Tambellini, Torres) 17:56 (pp)	9. Tampa Bay Lightning — Reassigned F Blair Jones to Norfolk (AHL).	
Penalties — Ballard Vcr (high-sticking) 7:32, Iglesias Cal (hooking) 11:05, Giordano Cal (holding) 12:20, Bieksa Vcr (roughing), Jackman Cal (double roughing) 17:07.	10. Edmonton, Dubnyk (WNA); Montreal: Price (OTL), Tampa Bay (Power plays (goals-chances) — Edmonton: 1-5; Montreal: 2-3. At 21, 27, 23 at Montreal.	
Shots	11. Tampa Bay (Power plays (goals-chances) — Edmonton: 1-5; Montreal: 2-3. At 21, 27, 23 at Montreal.	
Vancouver 16 8 12 36	12. Tampa Bay (Power plays (goals-chances) — Edmonton: 1-5; Montreal: 2-3. At 21, 27, 23 at Montreal.	
Calgary 9 5 6 20	13. Tampa Bay (Power plays (goals-chances) — Edmonton: 1-5; Montreal: 2-3. At 21, 27, 23 at Montreal.	
Goal — Vancouver: Luongo (W,10-7-2); Calgary: Kirursoff (L,9-12-1). Power plays (goals-chances) — Vancouver: 3-8; Calgary: 0-3.	14. Tampa Bay (Power plays (goals-chances) — Edmonton: 1-5; Montreal: 2-3. At 21, 27, 23 at Montreal.	
Referees — Kyle Rehman, Chris Lee. Linesmen — Ryan Galloway, Brad Lazarowich. Att. — 19,289 (19,289) at Calgary.	15. Tampa Bay (Power plays (goals-chances) — Edmonton: 1-5; Montreal: 2-3. At 21, 27, 23 at Montreal.	

Not including last night's games

G	A	PT
Crosby, Pgh	18	23
Stamkos, TB	21	19
Overchuk, Wash	10	22
St. Louis, TB	10	21
Semin, Wash	18	12

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TRANSACTIONS
BASEBALL

MLB	NATIONAL LEAGUE		
CINCINNATI REDS — Named Terry Reynolds senior director of professional and global scouting and Melissa Hill executive assistant to the president of baseball operations and general manager. Named Marty Maier, Dominic Viola and Steve Roadcap professional scouts.	HOUSTON ASTROS — Agreed to terms with RHP Nelson Figueroa on a one-year contract.		
PHILADELPHIA — Agreed to terms with RHP Fernando Nieve, INF Andy Marte and C Dusty Brown on minor league contracts.	PITTSBURGH PIRATES — Agreed to terms with RHP Fernando Nieve, INF Andy Marte and C Dusty Brown on minor league contracts.		
AMERICAN ASSOCIATION	FARGO-MOORHEAD REDHAWKS — Signed RHP Casey Hoynesback.		
GARY-SOUTHSHORE RAILCATS — Signed OF Mike Massaro.	FARGO-MOORHEAD REDHAWKS — Signed RHP Casey Hoynesback.		

BASKETBALL

NBA	LEAGUE OFFICE		
CLEVELAND BROWNS — Signed DB Coye Francois to the practice squad. Waived RB Thomas Clayton.	CLEVELAND BROWNS — Signed DB Coye Francois to the practice squad. Waived RB Thomas Clayton.		
GREEN BAY PACKERS — Signed LB Robert Francois and CB Josh Gordy from the practice squad. Signed WR Terrance Smith and LB/DE Curtis Young to the practice squad.	GREEN BAY PACKERS — Signed LB Robert Francois and CB Josh Gordy from the practice squad. Signed WR Terrance Smith and LB/DE Curtis Young to the practice squad.		
MINNESOTA VIKINGS — Released DB Cary Harris from the practice squad. Signed G Andrew Martinez to the practice squad.	MINNESOTA VIKINGS — Released DB Cary Harris from the practice squad. Signed G Andrew Martinez to the practice squad.		
NEW ORLEANS SAINTS — Signed LB Ramon Humber. Released QB Sean Canfield.	NEW ORLEANS SAINTS — Signed LB Ramon Humber. Released QB Sean Canfield.		

FOOTBALL

NFL	LEAGUE OFFICE		
LEAGUE OFFICE — Suspended Washington C Hilton Armstrong one game for a flagrant foul, Fouled Two against Miami C Joel Anthony during Monday's game.	LEAGUE OFFICE — Suspended Washington C Hilton Armstrong one game for a flagrant foul, Fouled Two against Miami C Joel Anthony during Monday's game.		
CAROLINA PANTHERS — Signed T Rob Pettit. Waived RB Josh Vaughn.	CAROLINA PANTHERS — Signed T Rob Pettit. Waived RB Josh Vaughn.		
CLEVELAND BROWNS — Signed DB Coye Francois to the practice squad. Waived RB Thomas Clayton.	CLEVELAND BROWNS — Signed DB Coye Francois to the practice squad. Waived RB Thomas Clayton.		
GREEN BAY PACKERS — Signed LB Robert Francois and CB Josh Gordy from the practice squad. Signed WR Terrance Smith and LB/DE Curtis Young to the practice squad.	GREEN BAY PACKERS — Signed LB Robert Francois and CB Josh Gordy from the practice squad. Signed WR Terrance Smith and LB/DE Curtis Young to the practice squad.		
MINNESOTA VIKINGS — Released DB Cary Harris from the practice squad. Signed G Andrew Martinez to the practice squad.	MINNESOTA VIKINGS — Released DB Cary Harris from the practice squad. Signed G Andrew Martinez to the practice squad.		
NEW ORLEANS SAINTS — Signed LB Ramon Humber. Released QB Sean Canfield.	NEW ORLEANS SAINTS — Signed LB Ramon Humber. Released QB Sean Canfield.		

HOCKEY

NHL	COLUMBUS BLUE JACKETS		
COLUMBUS BLUE JACKETS — Activated LW Ethan Moreau from injured reserve.	COLUMBUS BLUE JACKETS — Activated LW Ethan Moreau from injured reserve.		
DETROIT RED WINGS — Assigned G Joey MacDonald to Grand Rapids (AHL).	DETROIT RED WINGS — Assigned G Joey MacDonald to Grand Rapids (AHL).		
ST. LOUIS BLUES — Recalled F Stefan Della Rovere and F Dave Scatthard from Peoria (AHL). Assigned F T.J. Hensick and F Chris Porter to the practice squad.	ST. LOUIS BLUES — Recalled F Stefan Della Rovere and F Dave Scatthard from Peoria (AHL). Assigned F T.J. Hensick and F Chris Porter to the practice squad.		
ALBANY DEVILS — Released G Jeff Lerg.	ALBANY DEVILS — Released G Jeff Lerg.		
CHICAGO WOLVES — Reassigned LW Patrick Galivan to Gwinnett (ECHL).	CHICAGO WOLVES — Reassigned LW Patrick Galivan to Gwinnett (ECHL).		
GRAND RAPIDS GRIFFINS — Assigned RW Will Coetzee, D Brian Lashoff and G Jordan Pearce to Toledo (ECHL).	GRAND RAPIDS GRIFFINS — Assigned RW Will Coetzee, D Brian Lashoff and G Jordan Pearce to Toledo (ECHL).		
ST. ANTHONY RAMPAGE — Assigned D Nick Ross to Las Vegas (ECHL).	ST. ANTHONY RAMPAGE — Assigned D Nick Ross to Las Vegas (ECHL).		

ECHL

ELMIRA JACKALS	TRADING		
ELMIRA JACKALS — Traded F Samson Mahood to South Carolina for future considerations.	ELMIRA JACKALS — Traded F Samson Mahood to South Carolina for future considerations.		
READING ROYALS — Signed F Vladimir Nikiforov.	READING ROYALS — Signed F Vladimir Nikiforov.		
WICHITA KINGS — Signed F Matt Giles to a two-year contract and D Scott Gamble to a one-year contract.	WICHITA KINGS — Signed F Matt Giles to a two-year contract and D Scott Gamble to a one-year contract.		
WICHITA KINGS — Signed F Matt Giles to a two-year contract and D Scott Gamble to a one-year contract.	WICHITA K		

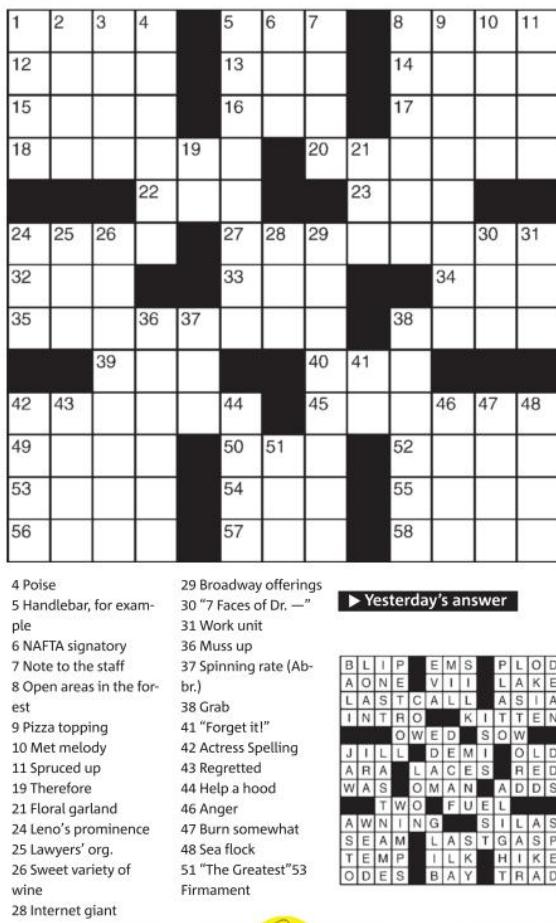
Crossword

Across

1 "Mamma Mia" quartet
5 Silent
8 Federal agent
12 Tide type
13 Exploit
14 Entice
15 Loft
16 America's uncle
17 One side of the Urals
18 Central
20 Trite
22 Extinct kin of the kiwi
23 Always, in verse
24 Door-frame piece
27 Woman's garment
32 — Dhabi
33 Astros' scoreboard abbr.
34 Rowing need
35 Profligates
38 Urban blight
39 Police officer
40 Hostel
42 Great emotional up-set
45 Rough
49 Inning trio
50 Sheepish remark
52 Layer
53 Spool
54 Right angle
55 Family
56 Between jobs
57 — the season ...
58 Half the divorce settlement

Down

1 Opposed to
2 Kidney or fava
3 Ointment



► Yesterday's answer

Today's horoscope



For today's crossword answers and for expanded horoscopes, go to metronews.ca

Aries March 21-April 20 Others may be impatient for you to commit yourself to their latest money-making scheme but you are right to think about it. How much will it cost if it goes wrong? Is there a get-out clause? Find out.

Taurus April 21-May 20 Today, friends and family members will be too busy looking out for their own interests to care too much about yours. But that's okay: You tend to do better when working alone.

Gemini May 22-June 21 A delay or setback may be annoying, but it's only temporary. Don't lose your cool. Have more patience with yourself and with others and, most importantly, think long term.

Cancer June 22-July 22 Others may be annoyed that you are holding on to the purse strings, but you know how quickly the money will go if you let them buy what they want. They'll thank you one day for being so sensible.

Leo July 23-Aug. 23 Passions are running high and there is no telling where it might lead. So, be careful when talking to people who seem a bit worked up. Don't do anything that might set them off.

Virgo Aug. 24- Sept. 22 Temptation is knocking today. Do you give in to your desires or do you keep them at bay? Only you can answer that question but remember this: it's not a sin to have fun.

Libra Sept. 23-Oct. 23 Even if you're the kind of Libra who rarely gets emotional, you'll find it hard to control your feelings today. Perhaps you should let them out and make a spectacle of yourself.

Scorpio Oct. 24-Nov. 22 Someone you live or work with seems determined to find fault with everything you do and it is beginning to get you down. Maybe it's time to rethink your relationship.

Sagittarius Nov. 23-Dec. 21 Close your ears to gossip and don't believe what other people tell you just because they believe it. Base your attitudes and actions on facts alone. If you don't know the facts, don't be judgmental.

Sudoku

8	5	7	9
5			2
1	8	2	7
2	8		4 3
1			6
4	6		9 1
9	4	5	8
4			1
3	2	6	5

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

► Yesterday's answer



Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Haii Tiger! Happy birthday aka the anniversary of your umbilical cord separation! Hehe...mwuahh! I luff you sooo much and I hope you have a good day! You're the best hunnie. I love you <3 LOVE BUNNIE

Red, and yellow and pink and green, purple and orange and blue, you can see a rainbow, see a rainbow too. For my muffin. LOVE COOKIE

Leandro, I'm already missing you! The trip was perfect. Thank you for everything. It's like a dream. F.K.G.

To my better half, the possibilities of a future that is ours is endless. You are my every thought, breath, action and heartbeat. Through thick and thin, for better or worse soy solo tuyo, ahora y para siempre! *6* tu ya tienes mi amor XOXO, TU ESTRELLA

6	4	2	8	7	9	1	3	5
1	9	5	3	2	6	8	7	4
3	7	8	1	4	5	2	6	9
9	6	4	2	8	1	3	5	7
7	8	3	5	6	4	9	2	1
2	5	1	9	3	7	4	8	6
8	1	6	7	9	3	5	4	2
4	2	9	6	5	8	7	1	3
5	3	7	4	1	2	6	9	8

A look at the weather

TODAY Min -11° Max -5° **FRIDAY** Min -11° Max -10° **SATURDAY** Min -11° Max -10°

Michele McDougall **Weather Specialist**
"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes." WEEKDAYS 6AM

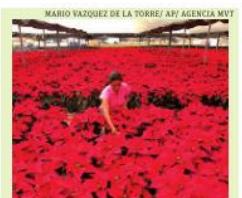


Caption contest



You write it!

WIN! Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.



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